

COMPREHENSIVE SMOKING TREATMENT PROGRAM

TOBACCO AND LGBT HEALTH

Partnering with you to support your efforts to address smoking among your patients.

Penn's Comprehensive Smoking Treatment Program has partnered with Community Behavioral Health (CBH) for services to be made available to organizations to facilitate tobacco treatment for clients. Services include:

- Treatment decision support, including guidelines for safe and effective use of FDA-approved pharmacotherapies, effective counseling strategies for the behavioral health setting and making referrals to available cessation resources.
- Access to scientific articles addressing tobacco treatment topics most relevant to your organization's needs.
- Addressing commonly held biases and frequently asked questions that can present a barrier to offering tobacco treatment.
- Implementing policies that may affect staff as well as clients.
- Evaluating workflow and care systems to identify seamless ways of integrating tobacco dependence into existing objectives.

WHY FOCUS ON SMOKING?

It is the number one cause of preventable death in the world. The leading causes of preventable deaths and disability among Philadelphians are related to smoking.

WHY FOCUS ON SMOKING IN THE LGBT COMMUNITY?

- Cigarette smoking is roughly twice as prevalent among lesbian, gay, bisexual and transgendered (LGBT) adults as it is among cisgender heterosexual adults.
- LGBT communities have been identified as a population group at elevated risk for smoking-related health disparities

 $(Results\ from\ a\ Community-Based\ Smoking\ Cessation\ Treatment\ Program\ for\ LGBT\ Smokers)$

 LGBT persons have higher than expected prevalence of risk factors (e.g., heavy drinking) for diseases associated with or exacerbated by smoking (e.g., heart disease, HIV infection, lung cancer)

(Results from a Community-Based Smoking Cessation Treatment Program for LGBT Smokers)

LOCATIONS



Harron Lung Center
Penn Medicine at University City
3737 Market Street
10th Floor
Philadelphia, PA 19104



Perelman Center for Advanced Medicine 3400 Civic Center Boulevard West Pavilion, First Floor Philadelphia, PA 19104

For more information, please contact:

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Questions? Call 888.PENN.STOP (888.736.6786).

